

$$4(y+2,3) = -2\frac{2}{3}$$

$$y+2,3 = \frac{-8}{3} : 4$$

$$y+2,3 = -\frac{8}{3} \cdot \frac{1}{4}$$

$$y+2,3 = -\frac{2}{3}$$

$$y = -\frac{2}{3} - 2,3$$

$$y = -\left(\frac{2}{3} + \frac{23}{10}\right)$$

$$y = -\left(\frac{20}{30} + \frac{69}{30}\right)$$

$$y = -\frac{89}{30}$$

$$y = -2\frac{29}{30}$$