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| Advantages of watching TV | Disadvantages of watching TV |
| Be aware of the socio-economic situation in the world, know the latest news (if watching news channels)  | Our eyes and ears get tired if we watch TV too much |
| Learn how to cook (if watching cooking channels) | Inappropriate TV content, if children watch TV |
| Be aware of the latest trends | Unfiltered content can influence young people from true life values |